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CIRCULAR

**WOMENS DAY CELEBRATION**

**Date:** 08-03-2023 **Time:** 02:30 pm to 4:45 p.m.

**Venue:** Prof. SRK Seminar Hall, New building, Dept. of Prod. Tech.

Programme Schedule

02:30 to 3:45 p.m. : Simplified Yoga and Meditation for working women and teenage girls  
by Shrimati Padma Ganesan, Professor - Simplified Kundalini Yoga

**Tea Break**

04:00 to 04:45 p.m. : A Lecture to be delivered by Dr. A. Gnanamani,  
Sr. Principal Scientist, CSIR-Central Leather Research Institute  
Adyar, Chennai – 600 020

All staff members and girl students are welcome.

Note: [1] Please carry a mat/bed sheet

[2] Male staff may invite their wife/ girl child for the programme.

*[Signature]*  
7/3/2023  
HOD

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